

February 2018 Tebughna School "Home of the Chiefs"



Dear Parents,

Where did the month of January go? It seems like only yesterday that we welcomed the New Year.

Ten Ways to Tell Your Children... "I LOVE YOU"

1. Make your home a place of safety, acceptance and love.
2. Building feelings of self-worth by showing your children how they are special.
3. Offer children opportunities to learn and succeed.
4. Make sure your children eat healthy foods, exercise regularly and get enough sleep.
5. Spend time with your children-Talk-Laugh-Play-and enjoy each other.
6. Protect your children. Make safety your top priority.
7. Acknowledge, praise and reward your children's successes.
8. Set limits to make children feel secure and to teach responsibility.
9. Make a hug, a squeeze, a loving smile an every day occurrence.
10. Say the words, "I love you," at least once a day.

One way to make everyone feel special is to find time for the family:

- Decide how you'll spend your time together and make it a priority.

Examples: shared mealtimes, evening read-aloud.

- Trim down schedules by saying no to activities that make you feel rushed or interfere with family time.

Happy Valentines to each of you! Sincerely, Pam Potter and Staff

Dates to Remember:

February 1st: ACCESS test

February 7th: Early Release 2 p.m.

February 8th and 9th: Parent Teacher Meetings

February 13th: Site Council Meeting 6 p.m.

February 14th: Love a Book Valentine's Day Title 1 Celebration 2:30 p.m.

February 23rd: Science and Art Fair 2 p.m.

February 28th: Attendance Celebration 3:15 p.m.

Battle of the Books:

Grades 3&4: 2/6/18

Grades 5&6: 2/13/18

High School: 2/5/18